



Nuwat-Social Solidarity Center Association
جمعية نواة-مركز التضامن الاجتماعي

2024

Annual REPORT

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ABOUT NUWAT:

NUWAT – Social Solidarity Center is a Lebanese non-governmental organization, established by the beginning of 1998, registered at the Ministry of Interior Affairs and Municipalities as grassroots independent NGO on June 19th, 2009, license number 989. Basically, “Nuwat” operates in the Palestine refugee camps, gatherings and all-around Lebanon mainly focusing on vulnerable groups. Nuwat mainly focuses on advocacy, social works, medical and educational support and assistance to the helpless and the marginalized groups equally and neutrally.

Services are offered within systematic methods through projects implemented by Nuwat, or in coordination with other local authorities and NGOs for benefits of targeted groups based on their needs analyses.

VISION:

Nuwat is a pioneer association that offers socio-economic and educational services for the marginalized groups in Lebanon, centered on partaking, equity and human rights.

MISSION:

Working on developing Palestinian community in the camps and surrounding in social and economic context by raising the level of academic and vocational education, reducing schools dropouts, illiteracy. Also, raise health and cultural awareness through implementing various activities targeting youth, women, and children in particular and empowering young people within their community in order to participate in decision-making through advocacy campaigns and initiatives.

OUR STRATEGIC GOALS:

1

Empowering women and the improving of their political, socio-economic and health status. In addition to promoting the concepts of gender and social equity in order to limit early marriage.

2

Investing into the technological, cultural and proficiencies of the human resources in the association through capacity building and developing their administrative and educational competencies towards preparing a capable staff to reach new heights at all times that contribute to offering better services within the Palestinian community.

3

Empowering youth affected by their miserable refugee status in order to obtain their rights and develop their potentialities.

4

Sustaining communal steadiness, thus, creating constructive relationships with the Lebanese surrounding, forming a combined language amongst the youth.

5

Developing the concept of communal obligations amongst the youth by enhancing voluntary work, initiations and reinforcing the concept of belonging to their community as individuals.

6

Improving the bitter livelihood of the refugees and those marginalized in Lebanon, however, emphasizing on implementing social, health and nutriment security.

7

Providing safe and suitable spaces for children accessing to active learning and playing to help limit dropouts and child labors.

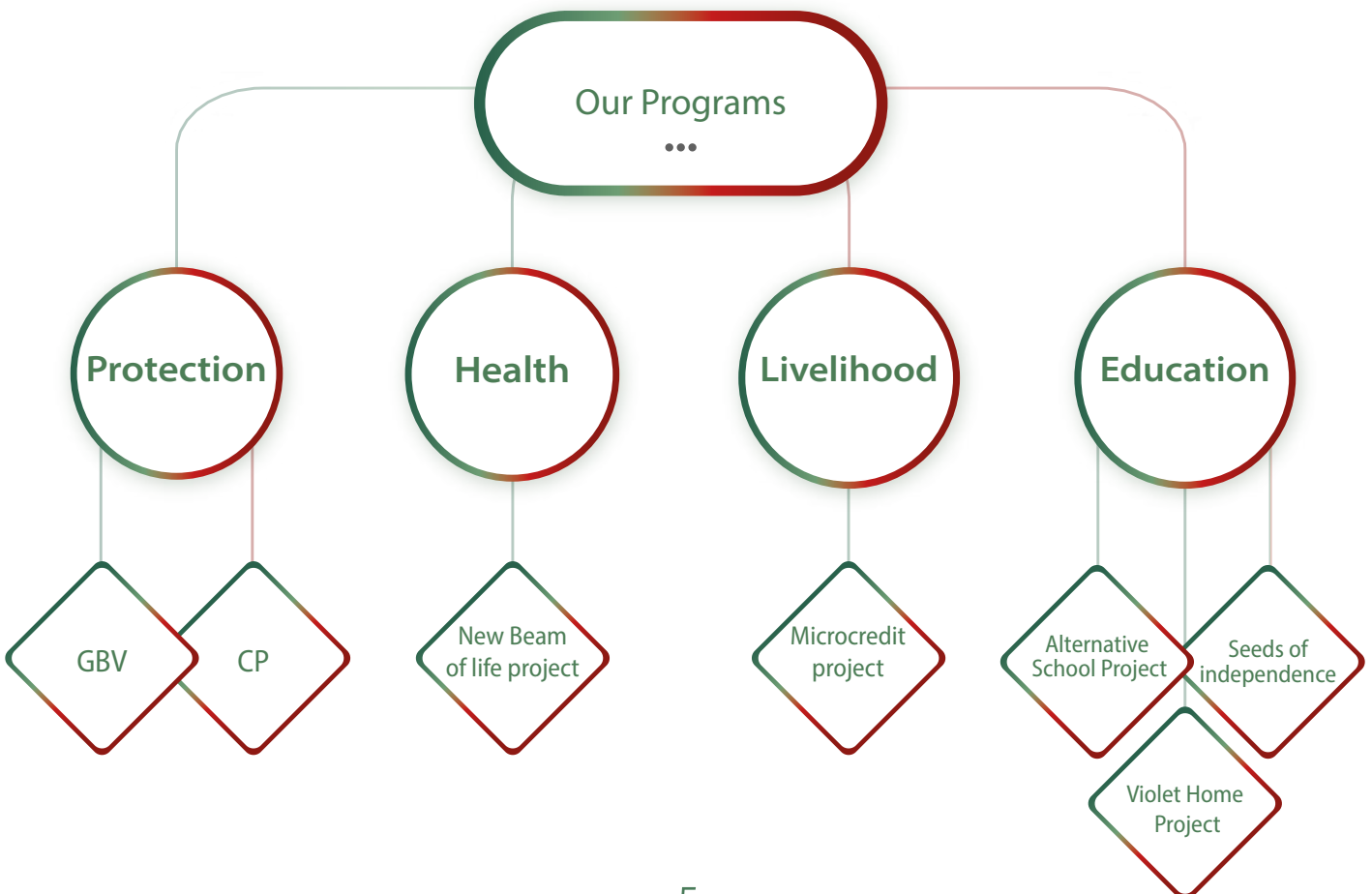
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Networking with the local NGOs in order to activate the role of the local associations within the frame of serving refugees and marginalized.

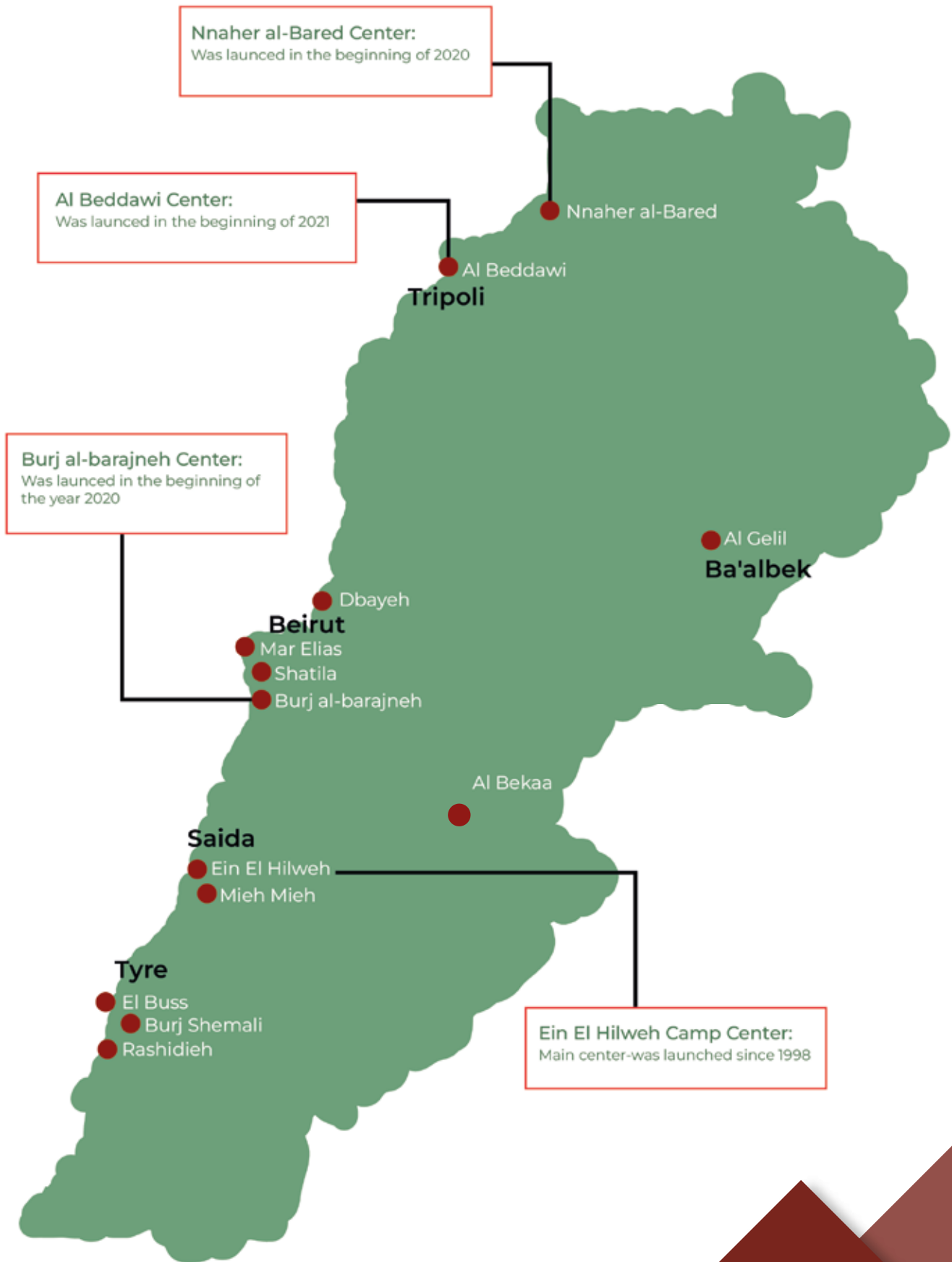
OUR VALUES:



OUR PROGRAMS:



WORKING AREAS:



ACHIEVED PROJECTS IN 2024:

A. HEALTH CARE PROJECT FOR PREGNANT WOMEN “NEW BEAM OF LIFE”: 2024

Since November 2005, this project has been implemented at the Ein El-Helweh Center to support pregnant women and newborns, under the program name “New Beam of Life.” It operates in partnership with the Human Call Association, Saida Governmental Hospital, Ahmad Al Sawy Dispensary, and Primary Health Care Center Haret Saida and it's funded by the Spanish organization “Caritas Espanola”.

The program provides essential medical support for women experiencing high-risk pregnancies, including coverage of medical consultations and pelvic ultrasounds. It also covers the costs of normal and cesarean deliveries, in addition to follow-up for newborns admitted to the pediatric intensive care unit. All services are provided equally to all beneficiaries without discrimination or preference.

During 2024, the number of registered pregnant women reached 348, including 133 PRL, 33 PRS, 75 Syrian, 105 Lebanese, and 2 Egyptian women.



| Focus Area | Activity | Outcome |
|--|--|--|
| Ensuring the access to integral services of parental attention for refugee women in situations of great risk. | Medical care for women during pregnancy | 348 women |
| | Normal Delivery | 77 |
| | Cesarean Delivery | 51 |
| | Paediatrics Consultation | 39 |
| | Pelvic Ultrasounds | 461 |
| Improving the quality of normal and emergency obstetric care provided to pregnant women as well as the health care of the newborn. | Issuing cards for the babies born within the project as a memento | 127 babies |
| | visits to the woman after birth, to ensure that she and her baby are in good health. | 128 babies |
| | Specialized medical follow-up and treatment for the newborn baby who needs it. | 127 babies |
| | Offering complementary food for newborn babies after the age of six months. | 288 milk containers |
| Improving Knowledge and practices of sexual health and mental health care for young women in the camps. | implementing 12 awareness sessions about pregnancy, its risks, necessary precautions, family planning, and the importance of breastfeeding | 261 women |
| | Implementing a campaign to aware women of pregnancy. | 63 awareness posters about 63 topics were shared with beneficiaries and published on our social media platforms under the campaign "For A Safe Motherhood " 348 women + 7.1 K likes and 8 K followers on Facebook And 2,508 followers on Instagram. |
| | Perform Three group psychological sessions aimed at women. | 91 women |
| | Individual Psychological sessions for women in need of psychological care. | 46 women |
| | Three group activities among women to exchange experience. | 39 women |
| Awareness campaign about breast cancer | Mammograms | 34 |
| | Ultrasounds of Breasts | 32 |
| | Social Media | 6 awareness posters and 1 video with a reach of 1,637 |
| | Awareness session | 19 women |

B. SEEDS OF INDEPENDENCE:2024

The “Seeds of Independence” project is a three-year initiative funded by the Swedish organization Björkåfrihet. Launched in April 2023, the project has successfully met its key objectives related to strengthening Nuwat’s administrative and organizational capacities. Implementation continues across all Nuwat branches until 2025.

This program focuses on mobilizing youth around the struggle against the occupation by producing impactful digital content, leading awareness activities, and engaging communities through educational sessions.

At the heart of the project is the “Seeds of Independence Network,” a group of young volunteers from different Palestinian camps and gatherings across Lebanon. The network leads an annual online advocacy campaign, facilitates awareness sessions, and organizes activities aligned with the project’s overarching vision: to support progressive civil society organizations in areas affected by occupation to become influential, strategic, and sustainable actors in the struggle, and to advance the right to self-determination for all those impacted by the occupation.



| Focus Area | Activity | Outcome |
|--|---|---|
| Internal organizational, administrative, and strategic capacity to carry out work against the occupations. | <p>Nuwat association carried out its third assessment since the launch of seeds of independence program, by contracting with bee network consultancy</p> <p>We were working during the last months in drawing new development plan and its timeline (according to the assessment recommendation and the suggestions of the consultant.)</p> | in the second period of the project 2024, and based on the findings of the organizational assessment, Nuwat executive committee developed a new structure of the association, this restructuring involved the creation of new departments thereby enhancing both operational transparency and organizational effectiveness. |
| Mobilizing and organizing people in their struggle against the occupations. | Training for the Seeds of Independence network about Leadership in collaboration with IABC Academy | The Leadership training empowered the Seeds of Independence youth network with stronger leadership, communication, and coordination skills, enabling them to take a more active and confident role in mobilizing their communities. |
| | Training for the Seeds of Independence network about Mobilization and Advocacy | The mobilization and advocacy training strengthened the Seeds of Independence youth network's ability to plan, lead, and implement impactful advocacy actions, enabling them to more effectively mobilize their communities in support of the Palestinian cause. |
| | Implemented 6 Awareness sessions about topics related to struggle against the occupation | The awareness sessions enhanced participants' understanding of key issues related to the struggle against the occupation, increasing their knowledge, critical awareness, and motivation to engage in collective action. |
| | <p>Since 2018, Nuwat has gained substantial experience in mobilization and awareness-raising, particularly regarding the use of boycotts as a tool of resistance for Palestinian refugees. Through collaborations with the Camps Boycott movement, the BDS movement in Lebanon, youth organizations, activists, and experts, Nuwat has honed its team's skills in this area. By implementing strategic initiatives such as social media campaigns, awareness sessions, exhibitions, and the distribution of informational materials, Nuwat has significantly expanded its online reach.</p> | <p>1-On March 28, Lebanese media reported a %75 decline in sales for Nestlé in Lebanon.</p> <p>2-awareness campaign (online and offline) and activities led by Nuwat empowered a group of youth and activists to take concrete action. On May 2024 ,28, they initiated a boycott campaign in Palestinian camps in Lebanon, aimed at preventing the entry and distribution of Pepsi Co-products.</p> |
| | Nuwat have Collaborated with various Palestinian youth organizations and implemented joint activities. Also, Nuwat's Social media platforms have played a crucial role in fostering a shared understanding between Palestinian and Lebanese youth. | In June 2024, a number of local shop owners pledged to stop selling and stocking Pepsi Co products in regions of Sidon, Tripoli, and the Western Bekaa as well as the Palestinian camps in Lebanon. |
| | Produced a film that show the vision of youth | The production of the film enabled youth to creatively express and amplify their vision, strengthening their ability to communicate their perspectives and inspire greater awareness and engagement within their community. |

| Focus Area | Activity | Outcome |
|---|--|---|
| <p>Building international networks of solidarity.</p> | <p>Nuwat worked into mobilising the Barcelonian youth through discussion meetings and awareness sessions with various Barcelonian groups including CEA member, university collectives (like Prou Complicitat amb Israel and the group "Comunitat Palestina de Catalunya" (Palestinian community of Catalunya), and unions.</p> <p>Our interventions inspired youth to launch the "Camping for Palestine" initiative at multiple Spanish universities. This campaign involved active participation in pro-Palestinian demonstrations, facilitated nationwide student networks, and raised awareness among Spanish youth. As a direct result of these efforts, several universities, including Barcelona, Granada, and Salamanca, have severed ties with Israeli institutions and pledged their support to Palestinian universities.</p> | <p>1- On 2023-11-24, the Spanish municipality of Barcelona announced the cuts off all institutional ties with the occupation entity as a protest on the genocide in Gaza.</p> <p>2- At the beginning of May 2024, Barcelona Public University announced the end of its organizational and academic relationship with the occupation, as a result of the escalation of violence against civilians in Gaza and the Israeli soldiers' violation of all international standards and treaties, And for committing war crimes against the Palestinians.</p> |

C. REDUCING THE VULNERABILITY OF REFUGEE GIRLS AND ADOLESCENT IN LEBANON "VIOLET HOME": 2023-2024

Since 2019, Nuwat has continued to implement the Violet Home project, which aims to reduce the vulnerability of refugee girls and adolescent girls in Lebanon. The project remains active in 2024 and plays a key role in safeguarding their rights and well-being. This project is being implemented in our main center in the Ein El-Helweh camp and in our Nahr al-Bared camp branch.

This initiative supports the promotion of gender equality and the empowerment of girls, aligning with Sustainable Development Goal 5. It focuses particularly on decreasing the risk of forced and early marriage among girls aged 12 to 17 from highly vulnerable families, in accordance with SDG target 5.3, which calls for ending harmful practices such as child, early, and forced marriage.



| Focus Area | Activity | Outcome | Number of beneficiaries |
|--|--|--|--|
| Strengthen the personal and educational capacities of girls so that they can improve their capacity to claim their rights and gender equality. | providing remedial lessons for girls registered between the eighth and twelfth grade | Girls became more confident, educated, and empowered, improving their academic abilities, strengthening their life skills and well-being, and becoming better equipped to claim their rights and advocate for gender equality. | 71 |
| | Providing informal basic education to girls and adolescents who have dropped out of school. | | 87 |
| | Implementation of psychological sessions (individual sessions and group sessions) | | Individual sessions: 137 Grouping sessions: 13 |
| | implementation of awareness sessions given to students | | Psychological sessions: 17 Awareness sessions: 13 |
| | implementation of life skills activities. | | 44 |
| | implementation lobbying and advocacy training for girls. | | 20 |
| | Implementation of a course in computers and networks for girls and teenage girls who have dropped out of school . | | 40 |
| | Enrollment of girls in the fitness center | | 50 |
| | Implementing library activities | | 40 |
| Enable girls to participate economically and enhance their participation in the labor market to ensure their financial and autonomy | Securing scholarships for female students of alternative education in vocational institutes in majors chosen by the girls themselves | Girls gained access to vocational education in fields of their choice, enabling them to build practical skills, strengthen their economic participation, and move toward greater financial independence and autonomy. | 20 |

| Focus Area | Activity | Outcome | Number of beneficiaries |
|---|--|--|--|
| <p>Providing social, psychological and economic support to the families of girls to enhance their roles and contribute to creating an appropriate environment for the process of empowering girls</p> | <p>securing monthly food rations to contribute to reducing the vulnerability of girls and adolescent girls from 60 marginalized families .</p> | <p>The project strengthened families' social, psychological, and economic stability, enabling mothers to become more supportive and engaged, while creating a safer and more nurturing environment that promotes the empowerment and well-being of girls and adolescent girls.</p> | <p>572</p> |
| | <p>Implementing awareness sessions For MOMs (psychological , social , rights sessions)</p> | | <p>81 women</p> |
| | <p>Family activities: setting up a plan of recreational activities with the participation of girls and their Moms.</p> | | <p>421 participants</p> |
| <p>Aware of the social and political environment of refugee camps about promoting women rights with focus on reducing practices related to forced early marriage.</p> | <p>launching awareness campaign to promote gender equality and reduce the rate of early marriage among girls</p> | <p>The project increased awareness within refugee camps about women's rights and the harms of early and forced marriage, leading to greater community engagement and stronger support from social and political actors in promoting gender equality and protecting girls.</p> | <p>20 videos with reach of 23,050 and 12 posters with reach of 9,471</p> |
| | <p>Awareness and impact meetings with the social and political actors in the camps</p> | | <p>7 meetings with 4 political actors.</p> |

D. Alternative School: 2023-2024

In response to the ongoing rise in school dropout rates within Palestinian refugee camps in Lebanon, Nuwat Association has been implementing the Alternative Education Support Project, funded by the Italian partners "Regione Autonoma De Sardinia, Associazione Amicizia Sardegna Palestina". The first scholastic cycle ran from September 2021 to October 2022, and the project continued in the following years, remaining active throughout 2024 to meet the evolving educational and developmental needs of refugee children.

The project provides academic and alternative learning support across the camps of Ein El-Helweh, Burj Al-Barajneh, and Beddawi, serving at least 90 children in remedial classes and 90 children aged 6 to 14 in dropout-recovery classes through a dedicated and trained educational team.

In 2024, the project expanded its early childhood services by opening a Kindergarten Level 2 classroom for 20 children aged 4, ensuring greater readiness for formal schooling and helping reduce the risk of future dropout.

Unfortunately, during 2024 the association was obliged to close the Burj Al-Barajneh center due to the Israeli war in Lebanon, as the center is located in the Beirut suburbs, an area significantly affected by the conflict. Despite this disruption, the project continued operating in the remaining centers to ensure that children continued receiving essential educational and psychosocial support.

In parallel with academic services, the project remains committed to nurturing a generation of confident and open-minded youth. Psychosocial support is provided through individual and group sessions, alongside life-skills activities that reinforce values of unity, diversity, equality, and justice. More than 200 children benefited from weekly Friday Leisure Day activities, annual outdoor trips, and summer programs that brought together learners from remedial, alternative, and kindergarten classes.



| Focus Area | Activity | Outcome | Number of beneficiaries |
|---|---|--|---|
| Schools and educational centers improve teaching services for vulnerable and refugee children. | Provide remedial education for students with learning difficulties | Vulnerable and refugee children show improved learning outcomes and higher school engagement, reducing the risk of academic failure and school dropout | 90 Children |
| | Provide alternative education for children at risk of dropping out or who have already dropped out of school. | | 90 Children |
| Enhance psychological well-being, self-confidence, leadership and acceptance of diversity in children through structuring group and individual sessions, life skill workshops, awareness sessions and activities. | implementation of weekly recreational activities. | Children demonstrate improved psychological well-being, greater self-confidence, enhanced leadership skills, and better social cohesion, including acceptance of diversity. | 200 Children |
| | implementation of 3 weeks of summer activities for kids | | 200 Children |
| | Implementation of an outdoor activity in each of the 3 camps for children | | 200 Children |
| | Implementation of 6 life skills and psychological group activities | | 90 Children |
| | Implementation of special sessions for some children in difficulty, with an intervention based on observation carried out by a psychologist and a social worker. | | Students In need |
| Parents of vulnerable and refugee children are more aware of the importance of education and encouraged to keep their children in a stimulating and inclusive educational path. | implementation of 12 awareness sessions for parents and children. | Parents show increased knowledge, positive attitudes, and active engagement in supporting their children's education, contributing to higher school attendance and retention. | 180 |
| The Community recognizes education as a path of personal and collective advancement, which leads to long-term social and economic development. People in the community participate in the campaign. | implementing a lobbying and advocacy campaign to emphasis on providing rights for all children without any kind of discrimination, to be launched on 1 st of June "International Children's Day " | The community demonstrates increased awareness and advocacy for children's rights, actively supporting inclusive education and policies that promote equitable opportunities for all children. | All the Palestinian community |
| | meeting with decision makers, activists and networks defending children rights. | | all members who can contribute in defending for children rights |

E. Microcredit project: 2024-2025

In 2024, Nuwat Launched a new project under the name "Microcredit". It is a project that works to empower young refugee women in Lebanon, especially those who suffer from a very difficult economic situation and live in the following camps: Ain al-Hilweh, Burj al-Barajneh, Beddawi, Nahr al-Bared, and their surroundings.

The core of work of this project is in the interest of Palestinian refugee women to acquire the basic skills and sufficient passion to join the ranks of successful and creative people who form the cornerstone of raising awareness among the rest of the segments of our Palestinian society and be a ray of hope for those who are frustrated by the current economic conditions. As well as empowering refugee women who have a small project and need financial support to develop it.

This project aims to empower female beneficiaries economically from the age of 18 to the age of 50 through small loans and also through training workshops on the administrative and financial issues necessary for them to manage their projects successfully.



| Focus Area | Activity | Outcome | Number of beneficiaries |
|---|--|---|-------------------------|
| Enhancing beneficiaries' financial readiness by equipping them with the knowledge and skills needed to navigate and prepare successful loan applications. | Provide Workshops on the Microcredit Application Process. | Beneficiaries demonstrate improved financial skills, greater confidence in managing business and loan processes, and enhanced ability to develop and implement viable business plans, increasing their chances of successful entrepreneurship and financial independence. | 300 women |
| | Train Young Refugee Women on How to Prepare and Submit Their Applications. | | 300 women |
| | Facilitate the Establishment of Support Groups Among Young Beneficiaries to Share Experiences and Best Practice. | | 300 women |
| | Conducting Practical Business Planning Workshops Where Beneficiaries Develop Business Plans with Clear Objectives, Marketing Strategies, and Financial Forecasts | | 300 women |
| | Providing Detailed Sessions on Basic Accounting, Budgeting, Income, and Expense Management | | 300 women |
| | Conduct Practical Workshops on Marketing and Sales. | | 300 women |
| Providing financial support to beneficiaries through the granting of loans to enhance their economic stability and empowerment. | Granting Micro-Loans to Beneficiaries According to Their Business Plans and Entrepreneurial Projects. | Beneficiaries achieve improved economic stability, are able to implement their business projects, and experience increased financial independence and empowerment. | 40 women |
| The community demonstrates increased awareness of and appreciation for women's economic contributions. | Organize Regular Networking Events Where Beneficiaries Can Meet Other Entrepreneurs and Potential Business Partners. | The community actively recognizes and values women's economic contributions, resulting in stronger support networks, increased collaboration, and greater opportunities for young women entrepreneurs. | 40 women |
| | Organize Workshops and Presentations on the Achievements of Young Entrepreneurs in the Community. | | 40 women |

| Focus Area | Activity | Outcome | Number of beneficiaries |
|--|--|---|---|
| | Facilitate Collaboration Between Young Women Beneficiaries and Local Businesses Through Commercial Agreements. | | 40 women |
| | Conduct Awareness Campaigns on the Economic Contribution of Young Refugee Women via Social Media. | | Community members and potential supporters. |
| | Organize Workshops on Communication Skills to Promote Integration. | | 40 women |
| | Promote Awareness Programs in the Community on the Importance of Supporting Small Business Owners through Conferences. | | Local community, online audiences, and policymakers |
| Beneficiaries demonstrate improved financial literacy and actively adopt a culture of saving | Facilitate the Establishment of Community Savings and Credit Groups to Promote Savings and Cooperation. | Beneficiaries actively participate in savings groups, improve their financial management skills, and develop a cooperative approach to achieving financial stability. | 10 women in each group. |
| Greater public engagement through volunteerism | Promote the Participation of Young Women in Volunteer Activities in the Community to Strengthen Their Bonds and Sense of Belonging | Young women actively engage in volunteer activities, develop stronger community connections, and enhance their sense of belonging and civic responsibility. | 40 women |
| Increased access to business knowledge resources | Providing Beneficiaries with Access to Online Business Libraries and Local Market Databases. | Beneficiaries gain improved knowledge of business practices and market trends, enabling them to make informed decisions and enhance the success of their entrepreneurial initiatives. | All beneficiaries, especially business owners and young graduates |
| Participation in public trade fairs and exhibitions | Enhancing participation in local trade fairs to showcase beneficiaries' products or services. | Beneficiaries increase visibility for their products or services, expand their customer base, and gain practical experience in marketing and sales, strengthening their entrepreneurial skills. | 40 women |
| | Promote Participation in Community Activities Where Young Women Can Showcase and Sell Their Products or Services. | | 40 women |

Yafa Sports Club for Women:

Equipped with a full range of sports machines and tools designed for physical fitness activities suitable for women, the club was launched at the end of 2018 at the main center in Ein Al Helweh Camp. Over the years, it has become an integral part of several projects implemented by the association, serving not only as a space for physical activity but also as a safe and welcoming meeting place for women to socialize, connect, and support each other. In 2024, the club successfully engaged 409 women beneficiaries, offering them regular opportunities to participate in fitness sessions, build healthy routines, and strengthen their sense of community.



NAJI AL ALI LIBRARY:

The library, furnished with a diverse collection of books and modern tools to facilitate sessions and workshops, was launched at the end of 2018 at the main center in Ein Al Helweh Camp. It serves the entire community as well as beneficiaries of the various projects implemented by Nuwat, providing a space for learning, personal development, and community engagement.



Humanitarian and Emergency Interventions: 2024 War on Lebanon:

Introduction / Context

Amid the Israeli war on Lebanon, which erupted on September 2024 ,23, the southern regions and many other parts of the country witnessed widespread destruction of infrastructure, including homes, schools, and hospitals. This resulted in the mass displacement of tens of thousands of residents to safer areas, where they faced difficult humanitarian conditions, including shortages of food, water, and essential health and psychosocial care.

The war also cast its shadow on Palestinian refugees residing in camps and gatherings, who were already facing difficult living conditions prior to the crisis, making the impact of the war on them even more severe. In this context, there emerged an urgent need for a humanitarian response to meet basic needs and support affected communities in overcoming the consequences of the war.

During the Israeli war on Lebanon, Nuwat association played a pivotal role in the humanitarian response by providing essential relief assistance to those affected and coordinating efforts with local and international entities to ensure that aid reached those in need.



The Humanitarian Situation During the War:

With the outbreak of the Israeli war on Lebanon, many Lebanese areas—particularly the southern and northern regions, as well as Beirut—were severely affected, as the intensive attacks caused widespread destruction of infrastructure and public facilities. The war led to the mass displacement of numerous families who were forced to move to safer areas, including major cities and camps. It is estimated that more than 1.2 million people were displaced within Lebanon, while around 200,000 to 300,000 people crossed the border into Syria.

According to the Lebanese Ministry of Health, the death toll in Lebanon reached 3,823 people. These dire humanitarian conditions required an urgent response from humanitarian organizations and governmental bodies to provide the necessary support to those affected.

The Relief Plan Implemented by Nuwat Association:

In response to the humanitarian crisis resulting from the Zionist aggression on Lebanon in 2024, Nuwat Association implemented a comprehensive relief plan to meet the needs of displaced individuals. Through coordination with local and international partners, the association provided humanitarian and psychosocial support, along with essential materials to ensure the safety and well-being of affected families.

At the outset, Nuwat Association formed a special emergency team composed of staff and volunteers. This team received a training session delivered by the association's psychologist on "Psychological Support for Frontline Workers Dealing with Displaced Persons." These intensive psychosocial support trainings aimed to enable workers in social and humanitarian organizations to provide quality psychological care to displaced people, enhancing their ability to apply effective psychosocial intervention strategies. This, in turn, helped improve the displaced persons' ability to cope with psychological trauma, reduce the impact of chronic stress, and strengthen their psychological resilience in the face of crises.

In September 2024, the association, in coordination with the Coordinating Framework of Institutions and the Popular Committees in Ain al-Hilweh and Beddawi camps, conducted a survey of families displaced by the Zionist attacks. The goal of this survey was to identify and secure the urgent and basic needs of the displaced and to ensure they received the necessary support in such difficult circumstances.



On October 2024 ,4, as the Zionist assaults on Lebanon escalated, Nuwat Association launched an urgent appeal to support displaced families in Ain al-Hilweh, Nahr al-Bared, and Beddawi camps. The association received in-kind and financial donations from the local community and distributed essential relief items such as clothing, as many families who fled under heavy bombardment were unable to bring even basic items like clothes and blankets.

On October 2024 ,14, Nuwat Association launched a psychological support hotline to provide displaced persons with direct communication access to the association's psychologist. This service aimed to offer immediate psychological assistance to those in need, helping to alleviate the effects of trauma caused by the harsh conditions of displacement.



Additionally, the association distributed 500 healthy breakfast meals with the support of local donations, reflecting the spirit of social solidarity in times of crisis. Food parcels and milk boxes were also distributed to displaced families, contributing to the fulfillment of their basic nutritional needs. This intervention was vital under such challenging conditions, as it ensured access to healthy and nutritious food—especially for infants in urgent need of milk.

Moreover, Nuwat Association distributed 80 hygiene kits and 80 food rations to 70 affected families (around 420 individuals) in Rashedieh camp, as a donation from Red SOS Refugiados Europa. This contribution played a crucial role in addressing the immediate needs of families who had suffered damage and loss due to the war.

The association also distributed protective masks, as the Israeli shelling released toxic gases that posed serious health risks, particularly increasing respiratory illnesses among children and the elderly.



Moreover, Nuwat Association organized psychosocial support activities for displaced children and families in UNRWA shelters. These activities focused on helping families—especially children—cope with the harsh realities of war, including loss of loved ones, the difficulties of displacement, and the challenges of adaptation, while enhancing their capacity to rebuild their lives.



In addition to providing essential services to assist displaced families, the association declared a state of emergency regarding the implementation of all its projects. New priorities were set to ensure that displaced persons were given precedence in accessing the association's services across its various branches, particularly in the fields of education and psychosocial support. This approach reflects the association's deep commitment to meeting community needs during crises and reinforces its role as a social and humanitarian institution dedicated to supporting the most affected groups.

During the crisis, awareness and guidance activities were activated as part of the association's emergency response. Nuwat Association registered displaced persons in its educational programs and provided activities supporting mental and social well-being. It also organized individual and group awareness sessions for children and their families on vital topics related to mental health and coping with psychological trauma. The sessions covered the following themes:

1. Pregnant Women and Mothers During Crises:

The sessions focused on the psychological effects of war on pregnant women, strategies for managing anxiety, and promoting mental well-being during crises. Activities were also organized for mothers with their children, guiding them on the types of phrases and discussions to avoid when speaking with children during such difficult circumstances.

2. Dealing with Children in Times of Crisis:

These sessions addressed how to understand children's emotions during war and the best ways to support them to reduce the impact of psychological trauma.

3. Psychological Relief Activities:

These included pottery painting, beadwork for making accessories, relaxation through deep-breathing techniques, and mandala coloring. Such activities helped reduce psychological stress among children and their families.



In parallel, the association developed awareness content on its social media platforms, publishing informative posters that covered a wide range of important topics, including:

- Tips for pregnant women on self-care during crises.
- Managing stress during pregnancy.
- How to support and communicate with children during crises.
- Common stress reactions among children.
- The importance of breastfeeding during emergencies.
- Supportive activities for children during crises.
- Ways to help newborns avoid infections.
- Steps for maintaining a healthy pregnancy during difficult times.
- Phrases to avoid saying to your child during crises.
- Important reminders for pregnant women during hard times.
- Tips for mothers to help their children adapt after traumatic events.

These awareness and guidance activities aimed to provide psychosocial support to individuals and families—particularly pregnant women and mothers—helping them cope with psychological stress and negative emotions resulting from the conditions of war and displacement.

Challenges and Difficulties Faced by Nuwat Association During the Implementation of the Relief Plan:

Despite the significant efforts made by Nuwat Association to provide humanitarian and psychosocial support to displaced persons, the association faced several challenges that affected the smooth implementation of its work. The main challenges included:

1. Closure of Burj al-Barajneh Camp Center:

Due to the heavy shelling of the southern suburbs by the Israeli occupation, access to the Burj al-Barajneh camp center became impossible, forcing the association to temporarily close the center. This closure hindered the provision of services in the surrounding area, posing a challenge in meeting the needs of displaced families there.

2. Deteriorating Security Situation:

The escalation of Zionist attacks on Lebanon in 2024 affected the association's ability to deliver aid effectively and promptly.

3. Large Number of Displaced Persons:

With an unprecedented increase in the number of displaced families, it was difficult to assess and meet the needs of all displaced households immediately.

4. Psychological Pressure on Staff and Volunteers:

Some team members were hesitant to visit shelters due to the impact of the war, particularly because of threats and previous attacks targeting shelters in Gaza by the Israeli army. Despite these challenges, Nuwat Association succeeded in providing essential and effective aid to displaced families and continued to maintain psychosocial support services for the community during this critical period.

Results of the Relief Plan:

Nuwat Association was able to achieve numerous positive outcomes that helped alleviate the suffering of displaced persons during the Israeli war on Lebanon in 2024. These results are reflected in the direct impact of the initiatives and services provided:

1. Improvement of Displaced Persons' Psychological Well-Being:

Through intensive psychosocial support, including individual and group support sessions, therapeutic activities, and the psychological support hotline, the association helped displaced persons cope with the psychological trauma resulting from the war and displacement. This contributed to improving their ability to adapt to difficult conditions and strengthening their psychological resilience.

2. Meeting Basic Needs:

The association successfully provided essential items to displaced families, such as clothing, food, and masks, reducing some of the daily burdens they faced and ensuring a minimum level of comfort during the crisis.



3. Enhancing Education and Awareness:

By activating awareness and guidance activities, including organizing awareness sessions for children and their families on coping with stress and psychological crises, and providing educational content on social media, the association raised awareness about the importance of physical and mental health care during crises. These activities enhanced individuals' ability to recognize the psychological and physical needs of mothers, children, and families in general.

4. Active Support for Vulnerable Groups:

Targeting the most vulnerable groups, such as pregnant women and children during crises, helped the community recognize the importance of providing psychosocial and physical care. The activities directed toward these groups provided support that enabled them to navigate and overcome difficult times.

5. Community Cooperation and Coordination with Partners:

Coordination was strengthened with local and international partners, including UNRWA and community organizations, which led to integrated efforts and effective role distribution to meet the needs of the largest possible number of displaced persons.

LONG-TERM IMPACT:

- Empowering the local community by providing the knowledge needed to handle future crises.
- Strengthening the role of Nuwat Association as a widely recognized social and humanitarian institution, enhancing its capacity to respond effectively in future emergencies.
- Developing psychosocial support practices that have become an integral part of the association's core activities during emergency periods.

These outcomes were the result of teamwork and continuous efforts by Nuwat Association, helping to reduce the impact of the crisis on displaced persons and providing them with the necessary support to overcome difficult times.



CONCLUSION:

Nuwat Association played a vital and tangible role in providing humanitarian and psychosocial support to displaced persons during the Israeli crisis in Lebanon in 2024. Through the implementation of a comprehensive relief plan, the association was able to meet the basic needs of affected individuals across multiple areas, from in-kind aid such as clothing and food parcels to psychosocial activities and social support. The distribution of food rations, milk boxes for children, masks, and healthy meals represented a rapid and effective response to the urgent needs imposed by the crisis.

The association also contributed to psychological support through awareness sessions and therapeutic activities, as well as by operating a psychological support hotline, which played a significant role in helping displaced persons cope with the psychological trauma caused by the war.

Despite the challenges and difficulties faced, Nuwat Association continued to carry out its tasks efficiently, ensuring that its services reached displaced persons across various locations in Lebanon. These efforts went beyond the provision of humanitarian aid, contributing also to raising community awareness about coping with crises and psychological stress.

The work of Nuwat Association during this crisis represents a living example of community solidarity, demonstrating its ability to adapt to challenges and alleviate the suffering of displaced persons. These efforts strengthened the capacity of individuals and families to cope with difficult circumstances and enabled many to manage the psychological hardships imposed by the crisis.



NUWAT: BRANCHES AND SERVICE LOCATIONS

EIN AL HELWEH CENTER- HEADQUARTER:

The main center of Nuwat Association, established at the beginning of 1998, was founded with the mission of safeguarding children from the risks of illiteracy, ignorance, and subsequent vulnerabilities such as homelessness and exploitation. The center aims to nurture a love of learning, enabling children to achieve their aspirations while strengthening their cultural identity and fostering connections with the local community and heritage.

The center focuses on raising educational standards, addressing school dropout, and protecting children from exploitation, Child Labor, early marriage, and behavioral problems. It also seeks to enhance women's participation in social activities, thereby creating a solid foundation for the development and empowerment of children and youth—the core of the society. To support these objectives, the center provides targeted learning support and dropout prevention programs for young people.

In addition to educational initiatives, Nuwat Association actively engages in youth empowerment and advocacy, promoting the active participation of young people in social, cultural, and civic life, and strengthening their ability to contribute positively to their communities..



BURJ AL- BARAJNEH CENTER:

The Burj Al-Barajneh Center, one of NUWAT's branches, was established and launched at the beginning of 2020. The center primarily serves children and youth and hosts a variety of cultural activities.

In addition to implementing parts of the association's projects, the Burj Al-Barajneh Center offers a range of services and initiatives, including:

- Social work to support individuals and families in need.
- Children's recreational and entertainment activities.
- Clothing campaigns since 2020, providing essential clothing to large numbers of children who have not benefited from distributions by other organizations operating in the camp.
- Commemoration of national occasions.
- Awareness-raising and developmental sessions addressing key social and educational topics.
- Community awareness campaigns addressing environmental protection, public hygiene, and promoting the culture of volunteering.

Unfortunately, in the mid of 2024, the association was compelled to temporarily close the Burj Al-Barajneh Center due to the Israeli war in Lebanon, as the center is located in the Beirut suburbs—an area heavily impacted by the conflict.



AL BADDAWI CENTER:

The Al-Baddawi Center, one of NUWAT's branches, was established and launched at the beginning of 2019. The center primarily serves children, women, and youth, providing academic support and promoting women's economic empowerment through projects designed to respond to the specific needs of the local community.

In addition to implementing several of the association's projects, the Al-Baddawi Center also offers the following services and initiatives:

- Children's recreational and entertainment activities.
- Social work initiatives, including the long-standing "We Divide It Together" campaign—a voluntary program established at the founding of the center that continues to support underprivileged families and orphans.
- Commemoration of national occasions.
- Awareness and development sessions on social, educational, and personal growth topics.
- Community awareness campaigns addressing environmental protection, public hygiene, and promoting the culture of volunteering.
- Sports activities - Football
- Eid Activities.

During the Israeli war on Lebanon in 2024, the campaign "We Devide it Together" emerged as one of the most important forms of social work during the year, continuing despite the difficult circumstances and the resulting waves of displacement.

In collaboration with youth movements, the center worked to provide essential needs for displaced families, including clothing, bedding, household items, diapers, and baby formula, in addition to providing psychological support to children and mothers to alleviate the effects of war and displacement.

This campaign served as a model for social work based on initiative and community cooperation, highlighting the active role of the association in serving people and reinforcing values of solidarity and resilience in the face of crises.

We also affirm our continued membership in the Emergency, Conflicts, and Boycott Committee, and our active participation in its meetings and activities to strengthen community coordination and joint response in cases of emergencies and crises.



NAHER AL BARED CENTER:

The Naher Al-Bared Center, one of NUWAT's branches, was established and launched at the beginning of 2020. The center primarily serves children and youth, providing a platform for cultural activities and community engagement.

In addition to implementing parts of the association's projects, the Naher Al-Bared Center also offers a range of programs and services, including:

- Children's recreational and entertainment activities.
- Commemoration of national occasions.
- Social work initiatives.
- Community awareness campaigns, including educational, social, and environmental initiatives, as well as artistic and health-related activities.
- Sports activities - Football
- Provision of aid to underprivileged families during Ramadan
- SAT courses education for university entrance.
- Eid Activities.
- English language enrichment courses for all levels



During the Israeli war on Lebanon in 2024, the center continued its humanitarian and social mission, actively supporting displaced families affected by the conflict in the South, Beirut and Bekaa regions. The center provided both educational and humanitarian assistance to impacted families and students, reaffirming NUWAT's commitment to social solidarity and community support. This included distributing bedding, essential food supplies, and ready-to-eat dinners for affected families. The center also organized recreational and activation activities for children, as well as psychosocial support for women and children, helping to alleviate the effects of displacement and enhance their sense of safety and stability.

NUWAT: SOCIAL MEDIA PRESENCE



FACEBOOK:

%711 

During the year 2024, the reach of the association's Facebook page has increased by %711 as it reached 123.5K.

%439.8 

During the year 2024, the visits of the association's Facebook page has increased by %439.8 as it reached 9.9K.

INSTAGRAM:

%527 

During the year 2024, the reach of the association's Instagram page has increased by %527 as it reached 333.1K.

%552.2 

During the year 2024, the visits of the association's Instagram page has increased by %552.2 as it reached 24.3K.

NUWAT: SUPPORTING DONORS AND PARTNERS



REGIONE AUTÒNOMA DE SARDIGNA
REGIONE AUTONOMA DELLA SARDEGNA



ABSTRACT

NUWAT Association – Social Solidarity Center is dedicated to creating an inclusive and supportive environment for all individuals, free from any form of discrimination. Our mission centers on providing assistance and support to people from diverse backgrounds, acknowledging and respecting their unique needs and challenges. We uphold the inherent dignity and value of every person, regardless of race, gender, religion, or other personal characteristics. As an organization, we are committed to continuous growth and improvement, adapting our programs and services to meet the evolving needs of the communities we serve. Through regular self-assessment and a strong focus on learning, we strive to enhance the effectiveness and impact of our initiatives. Our dedicated team works tirelessly to ensure that our services remain responsive, relevant, and capable of creating meaningful, positive change for all members of the community.

“Our commitment goes beyond the present, as we strive to be a trusted source of support, promoting positive change and empowering individuals on their paths to success.”

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